

MEDICAL BULLETIN BOARD

ASPEN Malnutrition Awareness Week: September 8–12, 2025

Malnutrition Awareness Week™ is an annual campaign organized by the American Society for Parenteral and Enteral Nutrition (ASPEN) to provide gastroenterologists and other healthcare professionals with tools for identifying and treating malnutrition in their patients.

Malnourished patients have longer hospital stays, twice the need for rehab or long-term care, and a 2.3 times higher rate of hospital deaths. In addition to its human toll, malnutrition raises hospital costs by 73% and can cost an additional \$10,000 in hospital readmission stays.

Malnutrition Awareness Week, held from September 8–12, 2025, will offer live webinars and various complimentary resources addressing malnutrition in both adult and pediatric patients. Each webinar provides 1–1.5 CME credits and is free to ASPEN members and supporting ambassador institutions. The webinars will start at noon ET each day of that week, covering the following topics:

- September 8: The Compounding Effects of Patient Safety Failures: From Error to Malnutrition
- September 9: Malnutrition in Cancer Care: Enhancing Outcomes Through Early Nutrition Intervention and Risk Mitigation
- September 10: Addressing Malnutrition in Adults with Chronic Liver Disease

and Transplant: Strategies for Education Success

- September 11: Silent Struggles: Tackling Malnutrition by Overcoming Obstacles in Home Enteral Nutrition in Adults and Pediatrics
- September 12: Talking About the Elephant in the Room: The Ethics of Communicating a Malnutrition Diagnosis in Adults and Pediatrics

Visit nutritioncare.org/PG-MAW to register for the webinars, access complimentary malnutrition resources, and learn how your institution can become an MAW ambassador.

About ASPEN

The American Society for Parenteral and Enteral Nutrition (ASPEN) is dedicated to improving patient care by advancing the science and practice of nutrition support therapy and metabolism. Founded in 1976, ASPEN is an interdisciplinary organization whose members are involved in the provision of clinical nutrition therapies, including parenteral and enteral nutrition. With members from around the world, ASPEN is a community of dietitians, nurses, nurse practitioners, pharmacists, physicians, PAs, researchers, scientists, and students from every facet of nutrition support clinical practice, research, and education.

For more information, please visit
nutritioncare.org

**PRACTICAL
GASTRO**
A Peer Review Journal

A Token of Our APPreciation® for Our Loyal Readers

Download **PRACTICAL GASTROENTEROLOGY** to your Mobile Device
Available for Free on iTunes and Google Play

Add the App instantly to your iPhone or iPad:

<https://apps.apple.com/us/app/practical-gastroenterology-a-peer-review-journal/id525788285>

Add the App instantly to your Android:

<https://play.google.com/store/apps/details?id=com.texterity.android.PracticalGastroApp&pli=1>