

Title: *Diagnosis and Management Guide for Anorectal Disease: A Clinical Reference*

Editor: Waqar Qureshi, MD

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Diagnosis and Management Guide for Anorectal Disease: A Clinical Reference, edited by Dr. Waqar Qureshi, was written to help address comprehensive training deficiencies in management of anorectal disorders in gastroenterology fellowship programs. Dr. Qureshi is Professor in the section of Gastroenterology and Hepatology at Baylor College of Medicine in Houston, TX, where he established an anorectal clinic and served as Chief of Endoscopy. The book was written by 28 contributing authors, most of which are gastroenterologists or surgeons working in the United States. Management of a broad spectrum of nonsurgical anorectal disease is covered, as well as underlying disease processes and management

strategies of surgical topics for non-surgeons. This book was written for gastroenterology fellows and practicing gastroenterologists. Pediatric-specific topics are not addressed.

The succinct and easy to navigate 213-page book is divided into four sections, with 17 total chapters. The sections are 1) Anatomy and Examination, 2) Benign Anorectal Conditions, 3) Benign Soft Tissue, Perianal, Perineal, and Complicated Conditions, and 4) Neoplasms. Chapter topics include anatomy and physiology of the pelvic floor, hemorrhoids, anal fissures, anal pruritus, pilonidal disease, anorectal IBD management, defecations disorders, and anal carcinoma, among others. Each chapter begins with bulleted key-points, and are broken into easy-to-read subsections such as pathophysiology, symptoms, diagnosis, and evidence-based treatment strategies. Chapters end with a comprehensive list of references. The book is written concisely and includes numerous tables, diagrams, color pictures, and treatment algorithms. Clinical management strategies for both common and rare conditions are covered, including frequently used medications and procedures. A particularly welcome inclusion are ideas on how to address real-world challenges facing clinicians, ranging from costly medications to minimizing side-effects of interventions.

As the first comprehensive volume covering both conservative treatment and surgical strategies for anorectal diseases, this book would serve well as a desk reference for any trainee or practicing gastroenterology clinician. Inclusion of pediatric-specific topics may broaden the applicability of this well-written book.

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