

**AUTHOR ADDENDUM/CORRECTION****NUTRITION ISSUES IN GASTROENTEROLOGY,  
SERIES #191**

Carol Rees Parrish, MS, RDN, Series Editor

**Diet in Non-Alcoholic Fatty Liver Disease**  
by Jennifer B. Miller, Zachary Henry

We regret the following oversight in our article, “**Diet in Non-Alcoholic Fatty Liver Disease**”, by Jennifer B. Miller and Zachary Henry, that appeared in our October 2019 issue (Volume XLIII No. 10, pp. 24-27).

Specifically, the last two bullet points on Table 1 were incorrect. Please see the corrected Table 1 here.

*The Editors*

**Table 1. Summary of Recommendations for Patients with NAFLD**

- Weight loss is key – lose weight if overweight.
  - Goal of 7-10% weight loss through diet and exercise.
- Exercise 150 minutes per week.
- Avoid high fructose corn syrup.
- Avoid saturated fats.
- Consider diets high in (i.e. the Mediterranean Diet):
  - Antioxidants
  - Food sources higher in monounsaturated and polyunsaturated fats



## **POSITION AVAILABLE**

Johns Hopkins Gastroenterology and Hepatology is seeking a dynamic and energetic, board certified Gastroenterologist to join their busy, established practice in Maryland. Ideal candidate should practice all aspects of Gastroenterology and be interested in quality improvement. ERCP and EUS not required. Daily work schedule will include inpatient rounding, consults or procedures with support from GI fellows and a resident team. Candidate should demonstrate excellent communication skills and have a desire to build and foster collegial relationships with colleagues and referring physicians. Active Maryland license is a plus. 40 scheduled clinical weeks per year.

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